

ROATH AND CATHAYS MINISTRY AREA
***News from St Edward's
& St Margaret's***



Harvest 2023

Free but donations always welcome

Roath and Cathays Ministry Area (RCMA)

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The Clergy are always available to minister to the sick and dying. Please inform the clergy of sickness. Holy Communion may be received at home by those who are unable to come to church.

Confessions and the Sacrament of Healing by arrangement.

Copy date for the next Magazine (Remembrance & Advent) is October 30th

From the Ministry Area Leader the Reverend Canon Stewart Lisk

My dear Friends,

This year we are celebrating Harvest Thanksgiving perhaps a little later than we have in previous years. Our Heritage Open Doors weekend was a week later than usual and last weekend the first Sunday in October we avoided choosing as our Harvest as it was the Cardiff Half Marathon which may have prevented several people attending church. We can be assured that the harvest is now safely gathered in. If you are able to go out into the countryside you will see that the fields have seen their golden corn and many of our other crops brought in, ready to be processed and ready for our shops and our tables for us to enjoy and be nourished.

Although there are many who are struggling with the cost of living crisis and concerned about their weekly grocery shopping prices, as well as other bills, compared with many people in the world we are still well provided with sufficient food to eat. A celebration of Harvest Thanksgiving is still popular as it gives us a warm feeling of well-being and gratitude. I am always keen to emphasise that in Christian terms we are marking Harvest Thanksgiving not Harvest Festival. A festival is a secular celebration and has its origins in pagan culture. We are giving thanks to Almighty God because we believe that all good things come from God. The Prayer Book Holy Eucharist service has the line "All things come of thee, And of thine own do we give thee". It is a phrase that acknowledges everything we have emanates from the divine and also our response to that should not only be words of appreciation and gratitude but also actions. For a long time this has been the case in our churches as we come to worship and give praise, we also bring goods to share. Sometimes these are tinned and dry goods that we donate to our homeless hostels and charities or to our local food banks. Others make a harvest special donation to

international charities like Christian Aid or WaterAid that give invaluable help to developing countries that sometimes have failed harvests that can lead to hunger and famine.

I am sure that those of you who are able will continue to make these generous offerings. Those who may not have the financial resources to donate can always give of their time and talents to do something for others which can make a difference to those in need. This year however I am making an appeal for your generosity in a different way. We are all aware of the increased cost of our gas and electricity bills at home owing to the national and international financial difficulties, as well as the war in Ukraine. I know you will all have had to consider expenditure carefully as you budget. The same challenges have of course come to our churches with our bills being massively higher than in normal years. We are facing deficits or shortfalls in our income. Perhaps you might be able to make a one off donation at this Harvest time as a thank offering or better still re-evaluate your regular giving and see if you could increase it this year which will make a longer term commitment to ensure that we are able to continue the work of the church in the coming years.

With grateful thanks and much appreciation in advance of your generosity.

Every blessing and good wishes,



Music & Flower Festival Sermon

We are often told that ours is a post-Christian society. From time to time the press publishes results of surveys which tell us that Christians in this country are in a minority. Church attendance continues to decline and even our own statistical analysis seems bleak at times. However, even now there are moments when people come to us who are not regular at church but want services of baptism, weddings and funerals. When I am making arrangements for these with them, very often particularly with weddings and funerals, I have to ask the question, what hymns would you like at the service? Now I have to be honest, quite often people especially at funerals, ask for popular and contemporary pieces of music to be played. The convention has grown up that these are usually played at the beginning and the end of the service, perhaps on a CD player or Bluetooth device. Or at the crematorium on their expensive audio equipment.

Nevertheless the majority of services whether they are in church or the crematorium usually have hymns. Very often they are for older people their favourite hymns from childhood. Or for younger folk, ones that they remember from school. The Lord is my Shepherd, Abide with me, Love Divine all loves excelling, and Guide me O thou Great Redeemer are still amongst the popular in the first category. Morning has broken, All things bright and beautiful and Make me a Channel of your peace in the second group. In recent years, I watch the sunrise and the Old rugged Cross continue to be favourite choices. Quite often in church, it tends to be the priest, vergers and organist who lead the singing however. Nevertheless, hymns are still the strongest expression of the folk religion which is deeply embedded in our secular society. For some, they still provide a familiar and accessible source of teaching about the Christian faith and parts of the Bible. Half-remembered verses from childhood hymns and choruses remain a source of inspiration

and comfort to many who would not count themselves, otherwise, as regular churchgoers or committed believers.

Fortunately, in all of our churches in this area for our regular worship, there is a great love of hymnody, sung services and anthems. We all have choirs, organists and musicians who enhance our worship with a wide variety of music. If you look carefully at some of the dates of the creation of our hymns, you will find several that date back to the early centuries of the Christian Church in this land. The 19th century was probably the zenith of hymnody, but some that we still sing originate from early centuries, even the Middle Ages and the early church. The Psalms from the Old Testament also of course form the basis of many of the greatest hymns in the English language.

One of the glories of Christian hymn singing is that it is truly an ecumenical exercise. Hymn singing really does cross denominational barriers and unites Christians of every persuasion. Roman Catholics are pleased to sing the lyrics of Charles Wesley, the founder of Methodism, while Baptists and Presbyterians, equally happily sing the words of John Henry Newman, the evangelical Anglican, who eventually became a Cardinal in the Roman Catholic Church. Music is an international language, and as well as hymn singing, some parts of our Holy Eucharist, Communion, or Solemn Sung Masses are from time to time in Greek or Latin, which betray the ancient languages that our prayer books and liturgies were written in. Some would say that the Anglican Church's greatest gift to the English-speaking world has been the golden age of hymnody, enshrined in Hymns Ancient and Modern and English Hymnal, and all the more contemporary versions of our hymn books.

This weekend in Saint Margaret's, Saint German's and Saint Edward's, there have been a wide variety of concerts, recitals, and special services all using music whether sacred or secular to invite people to come into our buildings. Many of those

individuals would not otherwise come into church and as well as giving them the opportunity of enjoying the music it has also been an important occasion for us to welcome them, talk to them and engage with them.

We hope that they may echo the sentiments of one faithful worshipper in one of our churches, who said to me some years ago, "I first came because of the music, but then stayed because of the people. "The combination of enjoyable, accessible music and the warmth of our welcome is incalculable in its potential good effects. The expression of faith in various ways in our worship is one of the clearest and most enduring vehicles of communicating the gospel.

This weekend in Saint Margaret's has, of course, been the added bonus of the festival of flowers. As I hope you have seen, or, will see about half of the floral arrangements are inspired by favourite hymns or anthems. Those clever, careful people who have put them together have used their gifts and talents to bring the glories of nature into our very beautiful, ancient parish church. They have done so conscious of the message in beautiful plants and blooms that they can put across celebrating the wonders of God's creation, as well as the beauty of holiness.

With every blessing to you and your families for a joyful Autumn.

A handwritten signature in black ink, appearing to read 'Stuart', with a stylized, flowing script.

Cover photo: An exhibit from St Margaret's 'Festival of Flowers, Sacred and Secular Music'. Not strictly 'Harvest' but close enough, it's the work of St Margaret's Sunday School and Titled 'Smelly Wellies' it represents the song 'If I were a butterfly'



**An exhibit from St Margaret's
Festival of Flowers, Sacred and Secular Music
Representing the hymn King of All Ages**

Thought for the weekend Friday 30th June 2023

Dr Heather Payne Consultant Paediatrician

My cricket addiction started way back, in my school days, so I'm living in clover just now. I'm loving the finely poised men's 2nd Ashes Test, hard on the heels of the thrilling first Test and magnificent Women's Ashes - the Aussies again victorious, but that match lit up by Tammy Beaumont's record breaking double century.

So it was with dismay that I read this week's report of the Independent Commission for Equity in Cricket describing persistent racism, sexism, classism and elitism in management and representation across England and Wales. The report acknowledges some progress on inclusion in recent years, but holds up a mirror to reflect that control at the top levels of the game is overwhelmingly white and male, not reflecting the gender or ethnicity of players at all levels. A sobering thought in the game that is a byword for fairplay and honourable behaviour- it's just not cricket.

The report also notes that unfair discrimination is still a problem in our society at large - but identifies how Cricket could lead the way in addressing abuses of power that damage our communities. It's true that most people think of themselves as 'not racist' – but it's vital to take that extra step to become anti-racist, to recognise the cultures and words that exclude; to challenge structures and situations that oppress; and to measure progress in becoming a diverse community. My quick crib is to check in, call out, count up – recognizing that our differences that make each of us a whole individual, are our collective strength.

Reading the report put me in mind of the story Jesus told of the Good Samaritan. The emphasis is usually on the Good - the merchant who stopped to help some guy who'd been mugged on a lonely road – we're told of the priests and lawyers who passed by on the other side - they had places to be, people to

meet, yadayada excuses for not helping. But it's the Samaritan bit that's important here - the foreigner, not 'one of us' - but only this outsider could reach across nationality, religion, race and culture to see clearly a person who needed an outstretched hand, and treated a stranger as he would have wanted his own child, spouse or brother to be treated. Jesus simply told us to love our neighbour as ourself.

And speaking of neighbours, the Commission report completely failed to spot my pet hate - the England and Wales Cricket board always called the 'ECB'. We'll know there's been progress when they call themselves the EWCB.

BBC Radio Wales - Thought for the Week; Monday 28th August 2023

Dr Heather Payne consultant Paediatrician

LINK: It's time now for our Thought For the Week, and today I'm joined by Dr Heather Payne, who's a consultant Paediatrician. She has a responsible job, but today it's fair to say she's definitely in holiday mode!

August Bank Holiday Monday! September on Friday! Quick let's get that last holiday in before we all move back into work/school/college. And I don't mean spending time and enlarging carbon footprint queuing for a plane - these last few days of summer are great for day trips close to home - to the beach, or country walks, blackberrying, hopping on a bike or bus, or just walking locally, exploring roads we don't usually travel.

We're well blessed with places to visit in Wales - countryside, beaches and mountains - where we can go for a family day out and picnic. Even our museums and libraries are free entry. I often think that if people had to fly for hours and trek for miles to see places like our waterfalls, forests, parks and castles,

they would rave about the wonderful places they had been - and here we have them on our doorsteps. And have we forgotten how much better we feel when we're close to nature? Even a walk to the nearest park or river is enough to get a change of scene and perspective, soothe the soul and take a mental break. It's often tempting to just press on with our tasks or duties - but taking a break is always good for us - one of those things maybe we need to rediscover.

Our 7 day week echoes the ancient creation story found at the very beginning of the Bible – God starting with the darkness and taking 6 days to create light, sea, sky, earth, fish, birds, crops, animals and humans. No wonder He needed a rest on the seventh day. Now I'm no biblical scholar, but I think it's safe to say that the creation story is generally taken as an allegory rather than literally, although the stages of earth's development are actually quite accurate, especially when you consider that was written about 3000 years ago - well before our modern understanding of science. The main point of the story for me, though, is the pattern of taking a break from work, having a good rest – as a really important thing for all of us. Even Jesus used to go up to the hills, or walk in the garden, or head out on a boat, to get away from it all and focus on his real purpose.

So there's just time to make the most of these last few days of August - it doesn't have to be an exotic location or a holiday long enough to forget all your passwords - or even need anyone to say 'are we nearly there yet?' Let's get outside and holiday!

St Edward's Forget me not Café and Support Group proudly displaying their new pop-up poster outside on a sunny Tuesday.



And here we are the following week inside church as the weather was wet and windy! The poster was bought as a result of a generous donation for which we are very grateful.





NEWS FROM THE LYCHGATE

Hi everyone, Pam here! Hope all of you have had a good summer.

Since the last magazine, a few interesting things have happened.

One of the main ones, of course, was the wonderful Festival of Flowers and Music. Thanks to all who took part in arranging and helping especially our 'flower ladies' for co-ordinating all the arrangements. It was very nice to welcome Barbara Hodgson. Special thanks to our Maestro, Gary Mullins – a lot of hard work, Gary, but definitely worth it!

Have you noticed the board on the wall alongside the West Door? As we are now in a Ministry Area, we no longer have 'Vicars' so the board is a reminder of our previous incumbents. Congratulations to Sophie Lisk on her fifth place in the 100m hurdles final at the Junior Commonwealth Games held recently in Trinidad and Tobago. Also – welcome home, Lydia! Hope you enjoyed your Australia sojourn

The 100 Club is drawn monthly and the latest results are:-

June	Prize	Number	Winner
1	£25	15	Lynda Harrington
2	£15	28	Geoff Moore
3	£10	60	Margaret Thomas

July	Prize	Number	Winner
1	£25	56	Jane Jefferson
2	£15	28	Geoff Moore
3	£10	95	Andrew Prankard

August	Prize	Number	Winner
1	£25	86	Chris Webb
2	£15	78	Barbara Brett
3	£10	36	Jonathan Tai

If you would like to join entry is £12.00 per number, per year.
Please see Anita White or contact her – anita@anitawhite.co.uk

Ladies Circle is still going strong, still meeting on the third Tuesday of the month at 1.30pm in Roath Church House, thanks to the organisers for keeping us entertained!

Congratulations to Fred Heal who celebrated his 95th birthday on 12 June.

We remember with love and affection Enid Watkins, Sue Oxenham and Tricia Osman, all long time communicants.

Harvest this year will be celebrated on Sunday 8 October, a week later than usual.

The Heritage Weekend was held on Saturday 23 September and Sunday 24 September. We are grateful to all who helped on the days and to all those who visited.

St Margaret's Christmas Fayre – Saturday 26 November.

Now over to Sally

Our regular Discussion groups are re-commencing and will meet up in Roath Church House on the third Sunday of the month and the first meeting is on September 17th and the next dates are 15th October and 19th November please put these dates in your diaries. Refreshments are served from 19:15pm as the meeting will start at 19:30pm and finish no later than 20:30pm. All are welcome to attend and participate.

We URGENTLY require more helpers to help out with the coffee after the 09:30am Service on Sunday Mornings details are below:

Harvest blessings and until next time



Sally and Pam



St. Margaret's committee recently elected to augment our church audio. The plan is a) to provide Stewart with a lapel microphone and b) to add Bluetooth functionality to the audio system. The cost will be £750, and you are cordially invited to contribute to this project, with our thanks and prayers. Please see either your Wardens or donate via the 'Contactless Device', our trusty GoodBox by the porch door.

ST MARGARET'S COFFEE ROTA URGENT REQUEST FOR MORE HELPERS

All are welcome to stay for tea, coffee, squash and a chat after the service.

If anyone is interested in joining our team of helpers as we URGENTLY require more support please speak to Stephen and Sally Bailey in church or contact us on either 02920 236468 or 07707558251 (Sally) or 07715239893 (Stephen) or speak to a sides person.



Other entries from St Margaret's Flower Festival featuring the song 'Follow the Yellow Brick Road' (Top) and Coronation Tea Party - Scouts Group (Bottom)

“ONLY CONNECT” – Sue Mansell – Autumn 2023

For some of us, a fiendishly difficult quiz programme on Monday evenings hosted by Victoria Coren Mitchell¹, or perhaps the quote by E.M.Forster in *Howards End*². Then, last Saturday at the first Coffee Concert of the 2023 – 2024 series curated by Jayne Thomas and fund-raising for Ataxia UK, another connection.

In raising funds for Ataxia (and last year for Angelman Syndrome) Jayne and the wonderful musicians who entertain us at the Coffee Concerts at St Edward's³ raise awareness of little-known charities. They also help us to connect, and last Saturday I met a local couple who are regulars at our coffee concerts, whose Grandson also has a diagnosis of Ataxia. It was an uplifting ten-minute conversation, as we shared a little of our stories, and I hope to meet them again next month. Tony Mansell was diagnosed with Spino Cerebellar Ataxia Type 6 in 2019. Before the Covid lockdown he was walking, but since then his ability to walk has gradually deteriorated and he now enjoys his mobility with the help of a scooter/chair lift/wheelchair.

By the time you're reading this, Hannah from our choir will have run the Cardiff Half Marathon on Sunday 1st October 2023, also raising money for Ataxia UK. Our heartfelt thanks to her and everyone who sponsored her with cash and via her JustGiving page.⁴

Our churches give us the opportunity to connect day by day and week by week, with grateful appreciation.

¹ <https://www.bbc.co.uk/programmes/b00lskhg>

² *Howards End* E.M.Forster Penguin 1989

³ <http://www.roath.org.uk/StEdward/>

⁴ <https://www.justgiving.com/fundraising/hannahway2023>

Tricia Osman – some memories

My first meeting with Trish was when she worked at the newspaper shop on the corner of Kimberley Road, and then she joined the choir at St Edwards and became a welcome regular at Sunday Services and all the other activities that went on.

One Sunday we were encouraged by the Priest as part of the sermon to speak to the person next to us about what our purpose was in life, and Trish told me her purpose was to help others. That sums up her approach to everything she did, as she went on to become a Councillor and helped many people.

We were choir buddies for many years, and when we did the shows Trish was always involved in as many ways as possible, even understudying the role of Mary Magdalen in Jesus Christ Superstar.

Trish was modest and self-effacing, willing to contribute in any and every way she could.

I was sad that I couldn't be at her funeral but give thanks for everything she was and all she meant to us.

Sue Mansell

A Musical Treat *Adrian Warner*

In late 2021 my son who has FragileX exchanged from Slough to a flat in Llanederyn. Hunting for activities for him soon led to discovering St. Edward's music and now I follow the weekly newsletter. Some weeks ago there appeared a note that there would be a performance of Igor Stravinsky's 'Soldier's Tale'. I was intrigued because this was new to my grey cells and so, at once, the internet was used to read about it. A fiction, true, but plausible, as the devil does have so many guises: and an adult hour long musical fairy tale it seemed. With no car getting from Porthcawl to be there at 4.30 on Sunday afternoon would not be easy, and getting back afterwards tending towards

impossible. But why not make a little holiday of it, and even help someone else gain experiences?

So leaving on the first X2 on Sunday and taking the train from Bridgend was easy apart from not being able to go as usual to the 10.00 service and socialise afterwards over coffee. The bus ride to Maelfa was pleasant as there was far less traffic than usual, and my son makes an excellent meal. Time allowed us to make some progress on a 300 piece jigsaw of the constellations. The buses are not their usual frequency on Sunday so we set out for Penylan in very good time, and were rewarded by having time to follow Roath Brook through the linear parkland and see many families enjoying Sunday afternoon together in various ways. We found the monument model at the site of the undershot mill, and enjoyed the many trees, flowering shrubs and flower beds.

St. Edward's Penylan is a centre for many events and musical performances and this one did not fail to enthrall. A reader related (intertwined with the music of seven instruments: violin, clarinet, bassoon, trumpet, trombone, double bass and percussion; how the devil persuaded the soldier to swap his violin for a magic book and after a number of scenes the soldier eventually used his regained violin to revive a dying princess. The Devil had the last word so it is not an entirely happy ending. How true to life!

A guest suite had been booked in Penarth and after a coffee break in the city centre the bus was used to reach it. After tea using the integral kitchen we walked to see the truly fabulous evening view from the Penarth Head Viewpoint. Flat Holm and Steep Holm were crystal clear, the Severn Bridge just visible 20 miles away, the city, barrage, docks with many buildings identifiable, and the monument to Joseph Parry nearby.

Monday morning started with a walk downhill through the grounds of The Kymin to the pier and back uphill to the station through Alexandria Park with its topiary. Super comfortable modern rolling stock is being used temporarily on this line to Cardiff Central. I was treated to another dinner and watched the

achievement of jig-saw completion before very reluctantly starting the two hour journey home.

ROATH

By Penny Roberts

Just before lockdown I moved to Roath to be nearer my family. I came from a very friendly Cotswold village but was prepared for a change in atmosphere in the 'city'. Imagine my surprise when I found people here to be very friendly too. In the village you automatically greet any passer-by but I found here that it was, if not the norm, not unusual for people to greet each other as they walked past or maybe nod with just a smile and a glance.

Another thing that I have never encountered before is the courtesy of car drivers towards pedestrians particularly at crossings. I have found myself crossing a road because of this courtesy that I didn't actually intend or need to do!

I have also been made very welcome in the groups that I have become involved in, be it St Edwards, the For-get-me-not café or other gatherings. Neighbours too are just as friendly as in a village.

The amazing Roath Park is an excellent substitute for more open countryside and I find the ancient trees, specifically planted to enhance our surroundings along the re-routed brook quite stunning. (The brook was re-routed to enable the recreation ground to be created.) My favourite tree overhangs the brook in magnificent fashion and I can't quite make out why its roots don't lift the tarmac of the road adjoining it! When I came it was called a Manchurian Walnut and I was puzzled by the lack of fruit. It has since been renamed Caucasian Wingnut whose seeds dangle appropriately.

So thank you Roath for making, what could have been an exacting move, both pleasurable and easy.

St Edward's Festival Events

Wed 11 Oct. 7.30pm. Roath Local History Society: *Edging the City* (Peter Finch)

Sat 14 Oct. 7.30pm. Concert: Jayne Thomas (piano), Iolo Jones (violin), Gareth Blake (cello).

Tue 17 Oct. 7.45pm. CCVC Symphonic Brass Concert.

Fri 20 Oct. 7.30pm. Borders Ensemble. Star Spangled Rhythm – music by 20th & 21st century American composers.

Sat 21 Oct. 11.00am. Coffee Concert: Rachel Moras (mezzo), Sian Davies (piano).

Sat 21 Oct. 7.30pm. Concert: Cardiff Baroque. *Vivaldi, Albinoni, Purcell & Corelli*.

Sat 28 Oct. 7pm. Concert: Sine Nomine. Including Allegri "Miserere", and Parce Mihi Domine (Cristóbal de Morales).



Festival Concert with Runaway Brass, 26 Oct 2022

Other Events at St Edward's

Fri 3 Nov. 7.30pm. Concert: Women in Harmony and Voicemale.

Sat 4 Nov. 6.00pm. Cardiff Opera Concert. *Scenes from Götterdämmerung*.

Wed 8 Nov. 7.30pm. Roath Local History Society. *Shakespeare and Cardiff (Claire Davies)*.

Sat 11 Nov. 11.00am. Family Concert: Helena Todd. Bruch violin concerto with piano accompaniment.

Sat 18 Nov. 11.00am. Coffee Concert: David Lewis (Violin) & Elizabeth Williams (Piano).

Sat 18 Nov. 7.00pm. Concert: Nazanin Dastafkan (mezzo) & Ben Pinnow (piano). *Western classical pieces and Iranian music, paying tribute to Fahima Akbar (famous Iranian singer)*.

Fri 24 Nov. 7.30pm. The Telling: Vision (Concert/Play). The imagined testimony of the extraordinary medieval abbess Hildegard of Bingen alongside her haunting chant.

Sat 2 Dec. 7.00pm. Concert: Cantorion Taliesin.

Cardiff Recorded Music Society: Wednesdays 7.25pm in the Community Room

October 11: A survey of 19th century English song (David Perkins)

October 18: Beethoven's famous 'Christmas concert' of 1805 (Gwyn Parry)

November 1: Inspired by Nature (Neil Pritchard)

November 8: Members' Choice (Rod Delamere)

November 15: Herbert von Karajan and the Vienna Philharmonic (Michael Bell)

November 22: 1873 the 'Annus Mirabilis' – 150 years on

November 29: 'More than Jerusalem' – the best of Hubert Parry-Jones (Keith Griffin)

SUNDAY AND WEEK-DAY WORSHIP

St Edward's and St Margaret's

(For Holy Day Celebrations see Weekly
Newsletter)

ST. MARGARET'S CHURCH WATERLOO ROAD

Sun: 8.00 am Holy Eucharist
9.30 am Sung Eucharist
9.30 am Sunday School R.C. House
(every Sunday during school terms)
Wed: 9.30 am Holy Eucharist

ST. EDWARD'S CHURCH BLENHEIM ROAD

Sun: 11.00 am Sung Eucharist & Sunday
School
6.30 pm Choral Evensong
Wed: 10.15 am Holy Eucharist

**Check the websites/newsletter for up-to-date
information on services**

**Copy date for the next magazine (Remembrance / Advent) is
October 30th**

Please send email contributions to:
Sue Mansell, smmansell@icloud.com
or Gwynn Ellis, rgellis@ntlworld.com, (preferably using Arial font
12)

JOE'S JESUS TRAIL TO ST EDWARD'S

I'm doing a sponsored walk to fundraise for St Edwards, my church. It's a fantastic place and does all kinds of good work for my local community. Although I have cerebral palsy, a new machine has given me the chance to walk. So many people gave towards me having this and I now want to pass that generosity of love and spirit on to others in need. I will walk 40 miles which is the number of miles of the Jesus trail from Nazareth to the Sea of Galilee, a path where pilgrims find love and hospitality from locals of all faiths.

Please sponsor me if you can.

Joeski

The link for sponsoring Joe is: <https://bit.ly/465xAKQ>

For the latest information on Covid Guidance and Church services please visit our Website <http://www.roath.org.uk/> Articles in this magazine reflect the views of their authors, and not necessarily the official teachings of the Church.